

Try these conversation prompts in your next strategy meeting or personal development reflection time. Deceptively simple, surprisingly revealing.

1. It's one year from now. Everything worked. What got you there? Who couldn't you have done it without?

2. It's one year from now. Everything was terrible. What were the first things to go wrong and how would you go back and do it differently?

3. What's your 15% solution? Something small you can do right now (no budget, no permission or oversight needed), that nudges you towards a specific goal?

4. What are your current operating assumptions (about work, life, the rhythm of your business)? What could disrupt those and what would you do about it?

5. What's a potential unintended consequence of a change you're seeing around you?

6. Think back. What lessons and clues from your recent or distant past could help you face what's coming?

THRIVE: Essentials is a three-module online course designed for individuals and organizations who want to build resilience and readiness in an increasingly volatile world.

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